

# THE MOST HOLY BODY AND BLOOD OF CHRIST 30C (CORPUS CHRISTI)

19th June 2022

## THE INTRODUCTORY RITES

**Stand Entrance Antiphon**  
He fed them with the finest wheat  
and satisfied them with honey from the rock.

In the name of the Father, and of the Son,  
and of the Holy Spirit. **Amen.**

*The priest greets the people.*

Grace to you and peace from God our Father  
and the Lord Jesus Christ.

**And with your spirit.**

*The priest may very briefly introduce the Mass.*

## **Penitential Act**

Brethren (brothers and sisters),  
let us acknowledge our sins,  
and so prepare ourselves to celebrate the sacred  
mysteries.

*After a brief examination of conscience, the following  
or an alternative form of the Penitential Act may be  
used.*

You were sent to heal the contrite of heart:

Lord, have mercy. **Lord, have mercy.**

You came to call sinners:

Christ, have mercy. **Christ, have mercy.**

You are seated at the right hand of the Father to  
intercede for us:

Lord, have mercy. **Lord, have mercy.**

May almighty God have mercy on us,  
forgive us our sins,

and bring us to everlasting life. **Amen.**

## **Gloria**

**Glory to God in the highest,  
and on earth peace to people of good will.**

**We praise you,  
we bless you,  
we adore you,  
we glorify you,  
we give you thanks for your great glory,  
Lord God, heavenly King,  
O God, almighty Father.**

**Lord Jesus Christ, Only Begotten Son,  
Lord God, Lamb of God, Son of the Father,  
you take away the sins of the world,**

**have mercy on us;  
you take away the sins of the world,  
receive our prayer;**

**you are seated at the right hand of the Father,  
have mercy on us.**

**For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High,  
Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father. Amen.**

## **Collect**

O God, who in this wonderful Sacrament  
have left us a memorial of your Passion,  
grant us, we pray,  
so to revere the sacred mysteries of your Body and  
Blood  
that we may always experience in ourselves  
the fruits of your redemption.  
Who live and reign with God the Father  
in the unity of the Holy Spirit,  
God, for ever and ever. **Amen.**

## LITURGY OF THE WORD

### **Sit First Reading**

A reading from the book of Genesis.

*He brought bread and wine.*

*14:18-20*

Melchizedek king of Salem brought bread and wine;  
he was a priest of God Most High. He pronounced  
this blessing:

‘Blessed be Abraham by God Most High, creator  
of heaven and earth,  
and blessed be God Most High for handing over  
your enemies to you.’

And Abraham gave him a tithe of everything.

The word of the Lord.

**Thanks be to God.**

### **Responsorial Psalm**

*Ps. 109*

**You are a priest for ever,  
a priest like Melchizedek of old.**

1. The Lord’s revelation to my Master:  
‘Sit on my right:  
I will put your foes beneath your feet.’ **R.**
2. The Lord will send from Zion  
your sceptre of power:  
rule in the midst of all your foes. **R.**
3. A prince from the day of your birth  
on the holy mountains;  
from the womb before the daybreak I begot you  
**R**
4. The Lord has sworn an oath he will not change.  
‘You are a priest for ever.  
a priest like Melchizedek of old.’ **R.**

### **Second Reading**

A reading from the first letter of St. Paul to the  
Corinthians.

*Every time you eat this bread and drink this cup, you  
are proclaiming the Lord’s death.* *11:23-26*

This is what I received from the Lord, and in turn  
passed on to you: that on the same night that he was  
betrayed, the Lord Jesus took some bread, and  
thanked God for it and broke it, and he said, ‘This

is my body, which is for you; do this as a memorial of me.' In the same way he took the cup after supper, and said, 'This cup is the new covenant in my blood. Whenever you drink it, do this as a memorial of me.' Until the Lord comes, therefore, every time you eat this bread and drink this cup, you are proclaiming his death.

The word of the Lord.  
**Thanks be to God.**

*If the sequence Send Forth, O Zion (Lauda Sion) is said or sung remain seated.*

**Sequence** (Optional)  
(Shorter form)

Behold the bread of angels, sent  
For pilgrims in their banishment,  
The bread for God's true children meant,

That may not unto dogs be given:  
Oft in the olden types foreshadowed;  
In Isaac on the altar bowed,  
And in the ancient paschal food,  
And in the manna sent from heaven.

Come then, good shepherd, bread divine,  
Still show to us thy mercy sign;  
Oh, feed us still, still keep us thine;  
So may we see thy glories shine  
In fields of immortality;

O thou, the wisest, mightiest, best,  
Our present food, our future rest,  
Come, make us each thy chosen guest,  
Co-heirs of thine, and comrades blest  
With saints whose dwelling is with thee.

**Stand Gospel Acclamation**

**Alleluia, alleluia!**  
**I am the living bread which has come down from heaven,**  
**says the Lord.**  
**Anyone who eats this bread will live for ever.**  
**Alleluia!**

**Gospel**

The Lord be with you.  
**And with your spirit.**  
A reading from the holy Gospel according to Luke.  
**Glory to you, O Lord.**

*They all ate as much as they wanted. 9:11-17*  
Jesus made the crowds welcome and talked to them about the kingdom of God; and he cured those who were in need of healing.

It was late afternoon when the Twelve came to him and said, 'Send the people away, and they can go to the villages and farms round about to find lodging and food; for we are in a lonely place here.' He replied, 'Give them something to eat yourselves.' But they said, 'We have no more than five loaves and two fish, unless we are to go ourselves and buy food for all these people.' For there were about five thousand men. But he said to his disciples, 'Get them to sit down in parties of about fifty.' They did so and made them all sit down. Then he took the five loaves and the two fish, raised his

eyes to heaven, and said the blessing over them; then he broke them and handed them to his disciples to distribute among the crowd. They all ate as much as they wanted, and when the scraps remaining were collected they filled twelve baskets.

The Gospel of the Lord.  
**Praise to you, Lord Jesus Christ.**

**Sit Homily**

**Stand Profession of Faith**

**I believe in one God,**  
**the Father almighty,**  
**maker of heaven and earth,**  
**of all things visible and invisible.**

**I believe in one Lord Jesus Christ,**  
**the Only Begotten Son of God,**  
**born of the Father before all ages.**  
**God from God, Light from Light,**  
**true God from true God,**  
**begotten, not made, consubstantial with the**  
**Father;**

**through him all things were made.**

**For us men and for our salvation**

**he came down from heaven,**

**and by the Holy Spirit was incarnate**

**of the Virgin Mary,**

**and became man.**

} *All bow.*

**For our sake he was crucified under Pontius**  
**Pilate,**

**he suffered death and was buried,**

**and rose again on the third day**  
**in accordance with the Scriptures.**

**He ascended into heaven**

**and is seated at the right hand of the Father.**

**He will come again in glory**

**to judge the living and the dead**

**and his kingdom will have no end.**

**I believe in the Holy Spirit, the Lord,**

**the giver of life,**

**who proceeds from the Father and the Son,**

**who with the Father and the Son is adored and**

**glorified,**

**who has spoken through the prophets.**

**I believe in one, holy,**

**catholic and apostolic Church.**

**I confess one Baptism for the forgiveness of sins**

**and I look forward to the resurrection of the dead**

**and the life of the world to come. Amen.**

**Prayer of the Faithful**

**LITURGY OF THE EUCHARIST**

*A hymn may now be sung.*

**Sit**

*The priest takes the paten with the bread.*

Blessed are you, Lord God of all creation,  
for through your goodness we have received  
the bread we offer you:

fruit of the earth and work of human hands,  
it will become for us the bread of life.

**Blessed be God for ever.**

*The priest pours wine and a little water into the chalice.*

*Then the priest takes the chalice and, holding it slightly raised above the altar, says:*

Blessed are you, Lord God of all creation,  
for through your goodness we have received  
the wine we offer you:

fruit of the vine and work of human hands,  
it will become our spiritual drink.

**Blessed be God for ever.**

*He may now incense the offerings and the altar.  
Afterwards the deacon or a minister incenses the priest and people.*

**Stand**

Pray, brethren (brothers and sisters),  
that my sacrifice and yours  
may be acceptable to God,  
the almighty Father.

**May the Lord accept the sacrifice at your hands  
for the praise and glory of his name,  
for our good  
and the good of all his holy Church.**

### **Prayer over the Offerings**

Grant your Church, O Lord, we pray,  
the gifts of unity and peace,  
whose signs are to be seen in mystery  
in the offerings we here present.  
Through Christ our Lord. **Amen.**

*The priest may use the following or an alternative.*

### **Eucharistic Prayer II**

#### **Preface II of the Most Holy Eucharist**

The Lord be with you.

**And with your spirit.**

Lift up your hearts.

**We lift them up to the Lord.**

Let us give thanks to the Lord our God.

**It is right and just.**

It is truly right and just, our duty and our salvation,  
always and everywhere to give you thanks,  
Lord, holy Father, almighty and eternal God,  
through Christ our Lord.

For at the Last Supper with his Apostles,  
establishing for the ages to come the saving memorial  
of the Cross,

he offered himself to you as the unblemished Lamb,  
the acceptable gift of perfect praise.

Nourishing your faithful by this sacred mystery,  
you make them holy, so that the human race,  
bonded by one world,

may be enlightened by one faith  
and united by one bond of charity.

And so, we approach the table of this wondrous  
Sacrament,

so that, bathed in the sweetness of your grace,  
we may pass over to the heavenly realities here  
foreshadowed.

Therefore, all creatures of heaven and earth  
sing a new song in adoration,  
and we, with all the host of Angels,  
cry out, and without end we acclaim:

**Holy, Holy, Holy Lord God of hosts.**

**Heaven and earth are full of your glory.**

**Hosanna in the highest.**

**Blessed is he who comes in the name of the Lord.**

**Hosanna in the highest.**

**Kneel**

You are indeed Holy, O Lord,  
the fount of all holiness.

Make holy, therefore, these gifts, we pray,  
by sending down your Spirit upon them like the  
dewfall,  
so that they may become for us  
the Body and ☩ Blood of our Lord, Jesus Christ.

At the time he was betrayed  
and entered willingly into his Passion,  
he took bread and, giving thanks, broke it,  
and gave it to his disciples, saying:

TAKE THIS, ALL OF YOU, AND EAT OF IT,  
FOR THIS IS MY BODY,  
WHICH WILL BE GIVEN UP FOR YOU.

In a similar way, when supper was ended,  
he took the chalice,  
and, once more giving thanks,  
he gave it to his disciples, saying:

TAKE THIS, ALL OF YOU, AND DRINK FROM IT,  
FOR THIS IS THE CHALICE OF MY BLOOD,  
THE BLOOD OF THE NEW AND ETERNAL COVENANT,  
WHICH WILL BE Poured OUT FOR YOU AND FOR MANY  
FOR THE FORGIVENESS OF SINS.

DO THIS IN MEMORY OF ME.

The mystery of faith.

*All respond with the following or one of the alternatives*

**We proclaim your Death, O Lord,  
and profess your Resurrection  
until you come again.**

Therefore, as we celebrate  
the memorial of his Death and Resurrection,  
we offer you, Lord,  
the Bread of life and the Chalice of salvation,  
giving thanks that you have held us worthy  
to be in your presence and minister to you.

Humbly we pray  
that, partaking of the Body and Blood of Christ,  
we may be gathered into one by the Holy Spirit.

Remember, Lord, your Church,  
spread throughout the world,  
and bring her to the fullness of charity,  
together with Francis our Pope and N. our Bishop  
and all the clergy.

Remember also our brothers and sisters  
who have fallen asleep in the hope of the  
resurrection,  
and all who have died in your mercy:  
welcome them into the light of your face.  
Have mercy on us all, we pray,  
that with the Blessed Virgin Mary, Mother of God,  
with blessed Joseph, her Spouse,  
with the blessed Apostles,  
and all the Saints who have pleased you throughout  
the ages,  
we may merit to be coheirs to eternal life,  
and may praise and glorify you  
through your Son, Jesus Christ.

*The priest takes the chalice and the paten with the  
host and raising both, says:*  
Through him, and with him, and in him,  
O God, almighty Father,  
in the unity of the Holy Spirit,  
all glory and honour is yours,  
for ever and ever. **Amen.**

### **Stand**      **COMMUNION RITE**

*The priest now introduces the Lord's Prayer.*

At the Saviour's command  
and formed by divine teaching,  
we dare to say:

**Our Father, ....**

Deliver us, Lord, we pray, from every evil,  
graciously grant peace in our days,  
that, by the help of your mercy,  
we may be always free from sin  
and safe from all distress,  
as we await the blessed hope  
and the coming of our Saviour, Jesus Christ.

**For the kingdom,  
the power and the glory are yours  
now and for ever.**

Lord Jesus Christ,  
who said to your Apostles:  
Peace I leave you, my peace I give you,  
look not on our sins,  
but on the faith of your Church,  
and graciously grant her peace and unity  
in accordance with your will.  
Who live and reign for ever and ever. **Amen.**

The peace of the Lord be with you always.

**And with your spirit.**

*The priest or deacon may add:*

Let us offer each other the sign of peace.

*Those present share a sign of peace, for example a  
handshake.*

*The priest takes the host and breaks it over the paten.  
He places a small piece in the chalice.*

**Lamb of God, you take away the sins of the world,  
have mercy on us.**

**Lamb of God, you take away the sins of the world,  
have mercy on us.**

**Lamb of God, you take away the sins of the world,  
grant us peace.**

### **Kneel**

*Then, showing the host to the people, he says:*

Behold the Lamb of God,  
behold him who takes away the sins of the world.  
Blessed are those called to the supper of the Lamb.

**Lord, I am not worthy  
that you should enter under my roof,  
but only say the word  
and my soul shall be healed.**

*After the priest has reverently consumed the Body and  
Blood of Christ the communicants come forward in  
reverent procession, and make a preparatory act of  
reverence by bowing their head in honour of Christ's  
presence in the Sacrament. They receive Holy  
Communion.*

*The Priest says: The Body (Blood) of Christ.  
The communicant replies: Amen and receives  
communion.*

### **Communion Antiphon**

**Whoever eats my flesh and drinks my blood  
remains in me and I in him, says the Lord.**

### **Stand**      **Prayer after Communion**

Grant, O Lord, we pray,  
that we may delight for all eternity  
in that share in your divine life,  
which is foreshadowed in the present age  
by our reception of your precious Body and Blood.  
Who live and reign for ever and ever. **Amen.**

### **THE CONCLUDING RITES**

*If there are any brief announcements, they are now  
made. Then the priest says:*

The Lord be with you.

**And with your spirit.**

May almighty God bless you,  
the Father, and the Son, ✠ and the Holy Spirit.  
**Amen.**

Go forth, the Mass is ended. *Or:*

Go and announce the Gospel of the Lord. *Or:*

Go in peace, glorifying the Lord by your life. *Or:*

Go in peace.

**Thanks be to God.**