

## THE INTRODUCTORY RITES

### **Stand Entrance Antiphon**

**My eyes are always on the Lord,  
for he rescues my feet from the snare.**

**Turn to me and have mercy on me,  
for I am alone and poor.**

In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.**

*The Priest greets the people.*

Grace to you and peace from God our Father and the Lord Jesus Christ.

**And with your spirit.**

*The Priest may very briefly introduce the Mass.*

### **Penitential Act**

Brethren (brothers and sisters), let us acknowledge our sins,  
and so prepare ourselves to celebrate the sacred mysteries.

*After a brief examination of conscience, the following or an alternative form of the Penitential Act may be used.*

You were sent to heal the contrite of heart:

Lord, have mercy. **Lord, have mercy.**

You came to call sinners:

Christ, have mercy. **Christ, have mercy.**

You are seated at the right hand of the Father to intercede for us:

Lord, have mercy. **Lord, have mercy.**

May almighty God have mercy on us,

forgive us our sins,

and bring us to everlasting life. **Amen.**

### **Collect**

O God, author of every mercy and of all goodness, who in fasting, prayer and almsgiving have shown us a remedy for sin,  
look graciously on this confession of our lowliness, that we, who are bowed down by our conscience, may always be lifted up by your mercy.  
Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit,  
one God, for ever and ever. **Amen.**

## LITURGY OF THE WORD

*The readings for Year A may be used as alternatives. If this is done the Preface & Communion Antiphon from Year A are also used. If the scrutiny is held the above is mandatory.*

### **Sit First Reading**

*(Shorter form between asterisks)*

A reading from the book of Exodus.

*The Law was given through Moses. 20:1-17*

\*God spoke all these words. He said, 'I am the Lord your God who brought you out of the land of Egypt, out of the house of slavery.

'You shall have no gods except me.\*

'You shall not make yourself a carved image or any likeness of anything in heaven or on earth beneath or in the waters under the earth; you shall not bow down to them or serve them. For I, the Lord your God, am a jealous God and I punish the father's fault in the sons, the grandsons, and the great-grandsons of those who hate me; but I show kindness to thousands of those who love me and keep my commandments.

\*'You shall not utter the name of the Lord your God to misuse it, for the Lord will not leave unpunished the man who utters his name to misuse it.

'Remember the sabbath day and keep it holy.\* For six days you shall labour and do all your work, but the seventh day is a sabbath for the Lord your God. You shall do no work that day, neither you nor your son nor your daughter nor your servants, men or women, nor your animals nor the stranger who lives with you. For in six days the Lord made the heavens and the earth and the sea and all that these hold, but on the seventh day he rested; that is why the Lord has blessed the sabbath day and made it sacred.

\*'Honour your father and your mother so that you may have a long life in the land that the Lord your God has given to you.

'You shall not kill.

'You shall not commit adultery.

'You shall not steal.

'You shall not bear false witness against your neighbour.

'You shall not covet your neighbor's house. You shall not covet your neighbor's wife, or his servant, man or woman, or his ox, or his donkey, or anything that is his.\*

The word of the Lord.

**Thanks be to God.**

### **Responsorial Psalm**

*Ps. 18*

**You, Lord, have the message of eternal life.**

- 1 The law of the Lord is perfect,  
it revives the soul.  
The rule of the Lord is to be trusted,  
it gives wisdom to the simple. **R.**
- 2 The precepts of the Lord are right,  
they gladden the heart.  
The command of the Lord is clear,  
it gives light to the eyes. **R.**
- 3 The fear of the Lord is holy,  
abiding for ever.  
The decrees of the Lord are truth  
and all of them just. **R.**

**You, Lord, have the message of eternal life.**

- 4 They are more to be desired than gold,  
than the purest of gold  
and sweeter are they than honey,  
than honey from the comb. **R.**

### **Second Reading**

A reading from the first letter of St Paul to the Corinthians.

*Here we are preaching a crucified Christ, an obstacle to men, but to those who are called, the wisdom of God.* 1:22-25

While the Jews demand miracles and the Greeks look for wisdom, here are we preaching a crucified Christ; to the Jews an obstacle that they cannot get over, to the pagans madness, but to those who have been called, whether they are Jews or Greeks, a Christ who is the power and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength.

The word of the Lord.

**Thanks be to God.**

### **Stand Gospel Acclamation**

**Praise to you, O Christ, king of eternal glory!  
I am the resurrection and the life, says the Lord,  
whoever believes in me will never die.  
Praise to you, O Christ, king of eternal glory!**

### **Gospel**

The Lord be with you.

**And with your spirit.**

A reading from the Holy Gospel according to John.

**Glorify to you, O Lord.**

*Destroy this sanctuary, and in three days I will raise it up.* 2:13-25

Just before the Jewish Passover Jesus went up to Jerusalem, and in the Temple he found people selling cattle and sheep and pigeons, and the money changers sitting at their counters there. Making a whip out of some cord, he drove them all out of the Temple, cattle and sheep as well, scattered the money changers' coins, knocked their tables over and said to the pigeon-sellers. 'Take all this out of here and stop turning my Father's house into a market.' Then his disciples remembered the words of scripture: Zeal for your house will devour me. The Jews intervened and said, 'What sign can you show us to justify what you have done?' Jesus answered, 'Destroy this sanctuary, and in three days I will raise it up,' The Jews replied. 'It has taken forty-six years to build this sanctuary: are you going to raise it up in three days?' But he was speaking of the sanctuary that was his body, and when Jesus rose from the dead, his disciples remembered that he had said this, and they believed the scripture and the words that he had said.

During his stay in Jerusalem for the Passover many believed in his name when they saw the signs that he gave, but Jesus knew them all and did not

trust himself to them; he never needed evidence about any man; he could tell what a man had in him.

The Gospel of the Lord.

**Praise to you, Lord Jesus Christ.**

**Sit**

**Homily**

*The First Scrutiny of Candidates for Baptism may now take place.*

### **Stand Profession of Faith**

The Apostles' Creed.

**I believe in God,**

**the Father almighty,**

**Creator of heaven and earth,**

**and in Jesus Christ, his only Son, our** } *All bow.*

**Lord,**

**who was conceived by the Holy Spirit,**

**born of the Virgin Mary,**

**suffered under Pontius Pilate,**

**was crucified, died and was buried;**

**he descended into hell;**

**on the third day he rose again from the dead;**

**he ascended into heaven,**

**and is seated at the right hand of God the Father almighty;**

**from there he will come to judge the living and the dead.**

**I believe in the Holy Spirit,**

**the holy catholic Church,**

**the communion of saints,**

**the forgiveness of sins,**

**the resurrection of the body,**

**and life everlasting. Amen.**

### **Prayer of the Faithful**

#### **LITURGY OF THE EUCHARIST**

*A hymn may now be sung.*

**Sit**

*The Priest takes the paten with the bread.*

Blessed are you, Lord God of all creation, for through your goodness we have received the bread we offer you:

fruit of the earth and work of human hands, it will become for us the bread of life.

**Blessed be God for ever.**

*The Priest pours wine and a little water into the chalice.*

*Then the Priest takes the chalice and, holding it slightly raised above the altar, says:*

Blessed are you, Lord God of all creation, for through your goodness we have received the wine we offer you:

fruit of the vine and work of human hands, it will become our spiritual drink.

**Blessed be God for ever.**

*He may now incense the offerings and the altar.*

*Afterwards the Deacon or a minister incenses the Priest and people.*

## Stand

Pray, brethren (brothers and sisters),  
that my sacrifice and yours  
may be acceptable to God,  
the almighty Father.

**May the Lord accept the sacrifice at your hands  
for the praise and glory of his name,  
for our good  
and the good of all his holy Church.  
Prayer over the Offerings**

Be pleased, O Lord, with these sacrificial offerings,  
and grant that we who beseech pardon for our own  
sins,  
may take care to forgive our neighbour.  
Through Christ our Lord. **Amen.**

*The Priest may use the following or an alternative.*

## **Eucharistic Prayer II Preface I of Lent**

The Lord be with you.

**And with your spirit.**

Lift up your hearts.

**We lift them up to the Lord.**

Let us give thanks to the Lord our God.

**It is right and just.**

It is truly right and just, our duty and our salvation,  
always and everywhere to give you thanks,  
Lord, holy Father, almighty and eternal God,  
through Christ our Lord.

For by your gracious gift each year  
your faithful await the sacred paschal feasts  
with the joy of minds made pure,  
so that, more eagerly intent on prayer  
and on the works of charity,  
and participating in the mysteries  
by which they have been reborn,  
they may be led to the fullness of grace  
that you bestow on your sons and daughters.

And so, with Angels and Archangels,  
with Thrones and Dominions,  
and with all the hosts and Powers of heaven,  
we sing the hymn of your glory,  
as without end we acclaim:

**Holy, Holy, Holy Lord God of hosts,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

## Kneel

You are indeed Holy, O Lord,  
the fount of all holiness.

Make holy, therefore, these gifts, we pray,  
by sending down your Spirit upon them like the  
dewfall,

so that they may become for us  
the Body and ✠ Blood of our Lord, Jesus Christ.  
At the time he was betrayed  
and entered willingly into his Passion,  
he took bread and, giving thanks, broke it,  
and gave it to his disciples, saying:

TAKE THIS, ALL OF YOU, AND EAT OF IT,  
FOR THIS IS MY BODY,  
WHICH WILL BE GIVEN UP FOR YOU.

In a similar way, when supper was ended,  
he took the chalice,  
and, once more giving thanks,  
he gave it to his disciples, saying:

TAKE THIS, ALL OF YOU, AND DRINK FROM IT,  
FOR THIS IS THE CHALICE OF MY BLOOD,  
THE BLOOD OF THE NEW AND ETERNAL COVENANT,  
WHICH WILL BE Poured OUT FOR YOU AND FOR MANY  
FOR THE FORGIVENESS OF SINS.  
DO THIS IN MEMORY OF ME.

The mystery of faith.

*All respond with the following or one of the  
alternatives:*

**We proclaim your Death, O Lord,  
and profess your Resurrection  
until you come again.**

Therefore, as we celebrate  
the memorial of his Death and Resurrection,  
we offer you, Lord,  
the Bread of life and the Chalice of salvation,  
giving thanks that you have held us worthy  
to be in your presence and minister to you.

Humbly we pray  
that, partaking of the Body and Blood of Christ,  
we may be gathered into one by the Holy Spirit.

Remember, Lord, your Church,  
spread throughout the world,  
and bring her to the fullness of charity,  
together with Francis our Pope and N. our Bishop  
and all the clergy.

Remember also our brothers and sisters  
who have fallen asleep in the hope of the  
resurrection,  
and all who have died in your mercy:  
welcome them into the light of your face.  
Have mercy on us all, we pray,  
that with the Blessed Virgin Mary, Mother of God,  
with blessed Joseph, her Spouse,  
with the blessed Apostles,  
and all the Saints who have pleased you throughout  
the ages,  
we may merit to be coheirs to eternal life,  
and may praise and glorify you  
through your Son, Jesus Christ.

*The Priest takes the chalice and the paten with the host and raising both, says:*  
Through him, and with him, and in him,  
O God, almighty Father,  
in the unity of the Holy Spirit,  
all glory and honour is yours,  
for ever and ever. **Amen.**

**Stand**      COMMUNION RITE

*The Priest now introduces the Lord's Prayer.*

At the Saviour's command  
and formed by divine teaching,  
we dare to say:

**Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come,  
thy will be done  
on earth as it is in heaven.  
Give us this day our daily bread,  
and forgive us our trespasses,  
as we forgive those who trespass against us;  
and lead us not into temptation,  
but deliver us from evil.**

Deliver us, Lord, we pray, from every evil,  
graciously grant peace in our days,  
that, by the help of your mercy,  
we may be always free from sin  
and safe from all distress,  
as we await the blessed hope  
and the coming of our Saviour, Jesus Christ.

**For the kingdom,  
the power and the glory are yours  
now and for ever.**

Lord Jesus Christ,  
who said to your Apostles:  
Peace I leave you, my peace I give you,  
look not on our sins,  
but on the faith of your Church,  
and graciously grant her peace and unity  
in accordance with your will.  
Who live and reign for ever and ever. **Amen.**

The peace of the Lord be with you always.  
**And with your spirit.**

*The Priest takes the Host and breaks it over the paten.*

*He places a small piece in the chalice.*

**Lamb of God, you take away the sins of the  
world, have mercy on us.  
Lamb of God, you take away the sins of the  
world, have mercy on us.  
Lamb of God, you take away the sins of the  
world, grant us peace.**

**Kneel**

*Then, showing the Host to the people, he says:*  
Behold the Lamb of God,  
behold him who takes away the sins of the world.  
Blessed are those called to the supper of the Lamb.

**Lord, I am not worthy  
that you should enter under my roof,  
but only say the word  
and my soul shall be healed.**

*After the Priest has reverently consumed the Body and Blood of Christ the communicants come forward in reverent procession, and make a preparatory act of reverence by bowing their head in honour of Christ's presence in the Sacrament. They receive Holy Communion.*

*The Priest says: The Body (Blood) of Christ.  
The communicant replies: Amen and receives communion.*

**Communion Antiphon**

**The sparrow finds a home,  
and the swallow a nest for her young:  
by your altars, O Lord of hosts,  
my King and my God.  
Blessed are they who dwell in your house,  
for ever singing your praise.**

**Stand**      **Prayer after Communion**

As we receive the pledge  
of things yet hidden in heaven  
and are nourished while still on earth  
with the Bread that comes from on high,  
we humbly entreat you, O Lord,  
that what is being brought about in us in mystery  
may come to true completion.  
Through Christ our Lord. **Amen.**

THE CONCLUDING RITES

*If there are any brief announcements, they are now made.*

*Then the Priest says:*  
The Lord be with you.  
**And with your spirit.**

Bow down for the blessing.

Direct, O Lord, we pray, the hearts of your faithful,  
and in your kindness grant your servants this grace:  
that, abiding in the love of you and their neighbour,  
they may fulfil the whole of your commands.  
Through Christ our Lord. **Amen.**

And may the blessing of almighty God,  
the Father, and the Son and the Holy Spirit,  
come down on you and remain with you for ever.  
**Amen.**

Go forth, the Mass is ended. *Or:*  
Go and announce the Gospel of the Lord. *Or:*  
Go in peace, glorifying the Lord by your life. *Or:*  
Go in peace.

**Thanks be to God.**